

## **COMMANDERS MESSAGE:**

First, let me say that I am honored to have been elected Commander of our great Post, and I am humbled by your support. Second, I am very proud to have served you as Quartermaster under the great leadership of Commander Al Carlson. We're fortunate to have Al as our new 3-Year Trustee, and I'm again honored that he has offered me his help as VFW Post 7788 moves into our bright future.

All of our fund raising activities are doing well, and our overall membership is increasing. While there's always more we could do in both areas, I'd like to acknowledge the fact that you, the members and friends of VFW Post 7788, have had many recent successes and your efforts are paying off. Thanks, and keep up the great work.

I'd like to focus the upcoming year on team building. We'll be working to add new members to the Post, and assisting the Ladies and Men's Auxiliaries in their efforts to grow their organizations. Our new Ladies Auxiliary President, Gale Uberti and I will work to improve communication, grow the organization, and take the great work that the Ladies have done for Veterans into an enjoyable and successful new year. While our new Men's Auxiliary waits for Charter approval, their interim President, Jim Shea is focused on getting a team in place that allows them to keep their momentum going. If you have a chance, please thank a new Men's Auxiliary member for everything they have done to set our Post on our current path to success.

Lastly, there will be no regular Post meeting in June or August. We will meet in July. I most humbly request your

attendance Tuesday, June 13<sup>th</sup> for a "one hour" town hall style meeting. Everyone who cares about the future of VFW Post 7788 is welcome. I promise to have an enjoyable, informative agenda for your input and discussion. Your input is vital to the mission of the Post and the good work we do for the community.

At your service,

Greg Smith  
Commander  
VFW Post 7788



## **DAY FOR A VET:**

For the past 35 years "Day for a Vet" has been held on the last Sunday in April. . This year the Post hosted the affair for 28 of our honorable, hospitalized Veterans. I would like to thank all the volunteers from our Post, the Ladies Auxiliary, and the local dignitaries for their help. The Veterans all enjoyed the delicious food prepared by our excellent kitchen staff, as well as the entertainment, and the many items that filled the "ditty bags" that were passed out for them to take back to the hospital. A wonderful day was had by all and I would like once again to thank all that took part in this event. I hesitate to list all the names of the volunteers for fear that I would certainly miss somebody.

Thanks again,  
Al Carlson

## **TRIVIA**

It's impossible to sneeze with your eyes open.

**CANTEEN NEWS:**



**SATURDAY PICNICS:**

July 29 <sup>th</sup>	2 to 8PM
Aug 19 <sup>th</sup>	2 to 8PM
Sept. 9 <sup>th</sup>	2 to 8PM.

Only **\$5.00** will get you food all day.  
All drinks, (Beer, wine, and soda), **\$1.00.**

**The Canteen is open 7 days a week**

Sunday	12 Noon to 11PM
Mon & Tues	2 PM to 11PM
Wed & Thurs	2 PM to 12Mid.
Friday	2 PM to 1AM
Saturday	Noon to 12 Mid.

(Doors locked at “last call”,  
1/2 hour before closing)

**Canteen Hall Rental**

Call Canteen at 874-9982  
(Mon to Fri, after 2:00)  
(Sat & Sun after 12:00)

Craig Dunna  
Canteen Committee

**ANNIVERSARIES:**



July:		Years
8 <sup>th</sup>	Maria & Gary Jones	34
15 <sup>th</sup>	Bonnie & Don LaReau	39
22 <sup>nd</sup>	Ann & Mark Morin	11



**ANNUAL GOLF TOURNAMENT**

**Sunday Aug. 20, 2006**

***The Orchards G.C. Milford CT***

**Golf - Lunch – Gifts**

**Format: Four Player Scramble.**

**Entry fee: \$60.00 Per Golfer  
(Pull carts available for a fee)**

<b>Registration</b>	<b>8:30AM</b>
<b>Tournament Starts</b>	<b>10:00AM</b>
<b>Luncheon</b>	<b>NOON</b>

***Send names with entry fee to:***

**VFW Post 7788  
422 Naugatuck Ave  
Milford, CT 06460**

**Make checks payable to:**

**C. Stempert  
(Event Chairman)**

**Space limited to 40 Golfers (10 teams)  
RSVP, Deadline is August 14th**

**TRIVIA**

No word in the English language  
rhymes with month, orange, silver, or  
purple.

## BIRTHDAYS:



### July:

- 4<sup>th</sup> Betty Sonnenberg
- 5<sup>th</sup> Lyna Christy (81)
- 7<sup>th</sup> Fred Edwards
- 13<sup>th</sup> Jim Killeen
- 13<sup>th</sup> Frank Romano
- 18<sup>th</sup> Ann Morin
- 19<sup>th</sup> Jim Shea
- 20<sup>th</sup> Eric Barone
- 23<sup>rd</sup> Jim Goldstein
- 24<sup>th</sup> Jim Christy (80)
- 25<sup>th</sup> Bob Broadley

### Aug:

- 1<sup>st</sup> Emil Hayducky (81)
- 6<sup>th</sup> Bob Fowler
- 6<sup>th</sup> Lefty Stefan
- 9<sup>th</sup> Judy Hessberger
- 15<sup>th</sup> Greg Smith
- 25<sup>th</sup> Al Carlson
- 27<sup>th</sup> Bob O'Brien
- Larry Pitcher Jr.
- 29<sup>th</sup> Stella Willand

## POPPY DRIVE:

The Poppy drive was held at the Milford Shop Rite on Friday, Saturday, and Sunday May 26, 27, and 28, from 9:00AM to 8:00PM. Many members and friends took part in the 2-Person, 2-Hour shift schedule. The Committee would like to thank all the participants for their time and effort that made this one of our best endeavors ever.

Chairman  
Jim Killeen

## TRIVIA

Our eyes are always the same size from birth, but our nose and ears never stop growing

## SERVICE OFFICERS NEWS

Important information is now available on-line. The National Personnel Records Center (NPRC) has provided the following website for veterans to gain access to their DD-214 on line.

( <http://vetrecs.archives.gov/> ).

This may be particularly helpful when a veteran needs a copy of his/her DD-214 for employment purposes. NPRC is working to make it easier for veterans with computers and Internet access to obtain copies of documents from their military files.

Military veterans and the next of kin of deceased former military members may now use a new online military personnel records system to request documents. Other individuals with a need for documents must still complete the Standard Form 180, which can be downloaded from the online website. Because the requester will be asked to supply all information essential for NPRC to process their request, delays that normally occur when NPRC has to ask veterans for additional information will be minimized.

Service Officer  
Bill Gambino

## HALL RENTAL:

To reserve a date for the Main Hall or Picnic Grounds call Chuck Stempert (8AM to 8PM) @ (203) 878-9894 (Leave Message)

## Appeal from the Chaplain

We all need a hand at one time or another in our life. Please don't hesitate to contact me if you know of a fellow member who is in distress.

Post Chaplain:  
Tim Mead

## CHAPLAIN'S CORNER



*Relax and enjoy your day\**



Today's frantic, fast paced world often causes stress. Dr. Stephen Rechtschaffen suggests a few rituals to make yourself slow down and relax:

*Drive ten miles per hour slower.* Many of us drive fast, even when we're not in a rush. Slow down, take a new route or simply notice the old one more.

*Pause briefly before eating.* Saying grace or just sitting quietly reminds us to appreciate our food instead of devouring it.

*Shower after work.* A quick shower will help you wash away the stress of the day's work.

*Wait a few rings before answering the phone.* Many people rush to pick up the phone, prolonging their hectic moods.

*Honor the process itself.* Whatever the task or activity, do just one thing at a time, do it well, and allow yourself a sense of accomplishment before you move on.

Take time to enjoy the day.

**The Lord is my shepherd...He makes me lie down in green pastures; He leads me beside still waters; He restores my soul. (Ps. 23:1-2)**

*\*Taken from a copy of the Christophers publication, "Three Minutes a day".*

## All Members Meeting



### Attention

**Members of Post 7788  
Ladies Auxiliary Members Post 7788  
Men's Auxiliary Members Post 7788**

**The honor of your presence is requested at our first all members meeting on June 13<sup>th</sup> 7:00 to 8:00 PM in the upstairs Hall**

#### **Agenda:**

- **Post Financial and Membership Report**
- **Working Together to Increase Our Membership**
- **Business Plan and Building Improvements**
- **Veterans Support Projects**
- **Enjoying Our Post/Upcoming Events**

Free coffee/tea and donuts will be served.

Please plan on attending. Everyone that wishes to address the agenda and make a positive impact on the future of our Post will have a chance to speak. Our success depends on you. Your opinions are valued.



## TAPS

April 26      **Russell B. Evarts** (88)  
U. S. Navy    WWII

May 17        **Homer T. Robillard** (80)  
U. S. Marine   WWII

Condolences: Our sincere  
condolences go out to the family of  
Men's Auxiliary Member **Herbert M.  
Daniells Jr.**, who passed away on the 8<sup>th</sup>  
of May.

## Editors Notes:



To help defray the cost of the Post  
newsletter, we are now accepting  
business cards to be used as  
advertisements. If you are interested, the  
cost is \$100 for a year's subscription,  
your card will appear in 6 issues.

As always, if the family of a deceased  
member wishes to continue receiving the  
newsletter, please notify the Commander  
or call the Canteen and leave a message.  
Also, if anyone wishes to receive an  
e-mail copy of the newsletter give us your  
e-mail address.

Newsletter Editor  
Jim Shea.

# BINGO!!!



**EVERY THURSDAY NIGHT**

***AT THE VFW HALL***

**422 NAUGATUCK AVE**

**DEVON CT**

**DOORS OPEN AT 5:30PM**

**GAMES START AT 6:45PM**

**ADVERTISE IN YOUR NEWSLETTER**

**RUNNING YOUR BUSINESS CARD YEARLY  
WILL HELP DEFRAY THE COST OF THE  
PUBLICATION**